



LSC National League Teams – U11-U13 Player Development Program

Objective: To Increase development of higher level players, across Austin & San Antonio and improve identification process of LSC players for National League, ECNL & USSFDA, teams.

- U11-U13 Age Groups
- Play will be a combination of 4v4, 8v8 & 11v11
- Pools selected from AUS & SAN LSC programs to participate, in each age group and gender
- The total pool of players in each age group/gender will be between 45 and 54 per event
- New player pools will be announced in advance of each event.
- 1 Pool in each gender e.g.
 - U11G = 1 (45-54 Players)
 - U12G = 1 (45-54 Players)
 - U13G = 1 (45-54 Players)
- 6-10 Event Schedule set by LSC DoC's from Sep-April (reduced for Spring 2012 league)
- Developmental matchups created to challenge teams tactically, technically, physically and mentally
- 2011-12 - Events to be held February 2012-April 2012
- 2012-13 - Events to be held September 2012-April 2013
- Teams continue to play in WDDOA/CAYSA/SCL competitions
- Initial National League teams selected at U'13 tryouts
- Flexible Rules Designed to Enhance Development – e.g. No GK Punting 8v8, limited 11v11.
- Spring 2012 Details:
 - Game Dates: Feb 26th, Mar 11th, 25th, Apr 8th,
 - Game Locations & Times:
 - Feb 26th – STAR, 9am-11am
 - Mar 11th – Slaughter Creek, 9am-11am
 - Mar 25th – SC or WCRP, 9am-11am
 - Apr 8th – STAR, 9am-11am
 - Duration & Format
 - 2 Hours
 - Warm Up
 - SSG – 4v4 and/or 8v8 – 40 minutes
 - FSG – 8v8 and/or 11v11 – 60 minutes
 - Cool Down
 - What To Bring If Selected For An Event
 - Regular LSC Training Uniform
 - Ball
 - Drink



Basic information regarding the U11-U13 PDP can be found in this document and specific event information will be sent out by Paul Dalgish (Paul will oversee the implementation of this program) and your core coach in advance of each event.

Informational Meetings will be held the first week of our 2012 training to further explain the program and to answer questions.

U11-U13 PDP - Informational Meeting Schedule

01, 00, 99 Boys – Monday January 30th, 2012, 7pm @ SSES Meredith Field (Don Cameron & Paul Dalgish)

01 Girls – Tuesday January 31st, 2012, 6.30pm @ TC at the Pavilion (Rob Ferguson & James Armstrong)

00, 99 Girls – Wednesday February 1st, 2012, 7pm @ SSES Meredith Field (Don Cameron & Paul Dalgish)